

Doses limits

The legal doses limits received during a **12 consecutive sliding months period** are :

Workers categories	Effective dose limits
Professionally exposed workers, students and apprentices aged + 18 years	20 mSv (20000 μ Sv)
Apprentices or students from 16 to 18 y	6 mSv (6000 μ Sv)
Public	1 mSv (1000 μ Sv)
Pregnant women	- maximum 1 mSv (1000 μ Sv) during pregnancy - strictly forbidden to manipulate unsealed sources

Concerning individual tissues or organs, the limits are following

Organ or tissue	Equivalent dose
<i>Professionally exposed workers and students over 18 y</i>	
Skin	500 mSv (500000 μ Sv)
Hand, forearm, feet, ankles	
Lens	20 mSv (20000 μ Sv)
<i>Apprentices and students aged 16 to 18 y</i>	
Skin	150 mSv (150000 μ Sv)
Hand, forearm, feet, ankles	
Lens	15 mSv (15000 μ Sv)